

PHYSICAL SOLUTIONS
FEE STRUCTURE

In an effort to customize clients programs a new fee structure has been implemented to get every client exactly what they need as they need it!

New Clients

Athletic Therapy (AT)- Jamie

Initial Assessment - \$250

Initial Follow up - \$150

The Power of Two (Chiro & AT Combo) - Jamie & Dr. Andrea

Initial Assessment** - Chiro & AT (Jamie & Dr Andrea) \$250

Initial Follow up* - Jamie &/or Dr. Andrea \$150

**125 is covered under Chiro for your assessment for insurance

* Chiro will be receipted at the end of a session if used for health coverage.

THE POINT SYSTEM

1 Point = \$20

Open Gym Time = 1 point

Virtual Session (15min) = 2 points

Athletic Therapy Session = 4 points

Extended Athletic Therapy Session = 7 points

Chiro Session = 3 points

Extended Chiro Session = 5 points

Workshops = TBD

Open gym times: scheduled 2 times a month supervised by either Dr. Andrea or Jamie. These times are put aside for our clients to come get clarity, feedback, ask questions or to just go over past homework. Must book your spot online prior to coming!

Virtual Session: appointment option to go over any questions, concerns on homework from the comfort of your own home!

Follow ups: based on individual needs but usually a combination of Chiro and AT

Chiro Session (3 points): combo of adjustments, soft tissue and mini reflex locomotion before rehab session - good for one area of focus

Chiro Extended Session (5 points): combo of adjustments, soft tissue and intensive DNS session - good for multiple areas of complaint and/or our first 2-3 appoints with each other to gain a solid base

Athletic Therapy Session (4 points): 30 min

Extended Athletic Therapy Session (7 points): 60 min

BUNDLES AVAILABLE

- Based on a 3 month time period -

ATHLETIC THERAPY ONLY BUNDLE - 30 POINTS

- Average clients usually works well with 10 points a month and are at the studio 2x a month for 30-60min

COMBO INTRO BUNDLE - 55 POINTS

- *You know you need it, your ready to commit - so let's just do it!*
- *average clients usually work well with 20 points a month and are at the studio 2x a month for 45-75 minutes.*

COMBO INTENSIVE INTRO BUNDLE - 110 POINTS

- *You got the time, and want to get it done and you do your homework everyday!*